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## Practice to be prepared

Making a plan and holding regular escape drills could help save your life or the life of a family member or pet. Practice during the day and at night!

During a Fire: Children don't always wake up when a smoke alarm is triggered. If you have a person in your home who is deaf or hard of hearing, be certain to get an alarm designed for disabilities.

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**DID YOU KNOW?** Nearly one-third of all fire fatalities are caused by smoking-related fires. If you or a family member smokes, install a smoke alarm near where they fall asleep and keep a heavy ashtray that won't tip over.

During an Earthquake: NEVER run. Drop, cover, and hold on until the shaking stops.

YOUR PLEDGE: We will practice our escape plan at least twice a year!

> **TO LEARN MORE, VISIT US ONLINE:** WWW.MYSAFELA.ORG



Bedroom

MOKE DETECTOR

ARBON MONOXID

Bath

room

In the event of a disaster, you and your family may need to leave your house in a hurry. By creating a family escape plan — and practicing it, you give your loved ones a better chance of surviving a disaster. To learn more about making your plan, here are some tips!

> SMOKE DETECTOR CARBON MONOXIDE

Living

Room

Kitchen

Bedroom

SMOKE DETECTOR

Bath

room

CARBON MONOXIDI

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Bedroom

SMOKE DETECTOR RBON MONOXIDI

	EscapePlanNew_San_LAFD.pdf 2
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	FAM
	<b>ESC</b>
	PLA
	Our Safe Meeting Place Is:
	Everyone knows: <b>NEVER GO BACK INTO THE</b>
	Our local fire station is: #
1	Fire Station Phone #
	A Neighbor we can contact is:
	Neighbor's Phone #
	Making your plan - <i>a</i>
	<ol> <li>Draw a layout of each floor on the grid in stairways. Do you know all of the possible</li> </ol>
	<ol> <li>Put a "S" where each smoke alarm should check them once a month. Smoke alarm outside of every sleeping area.</li> </ol>

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## an - a quick how-to...

- the possible exits?
- arm should go on your escape plan and noke alarms should be placed inside and

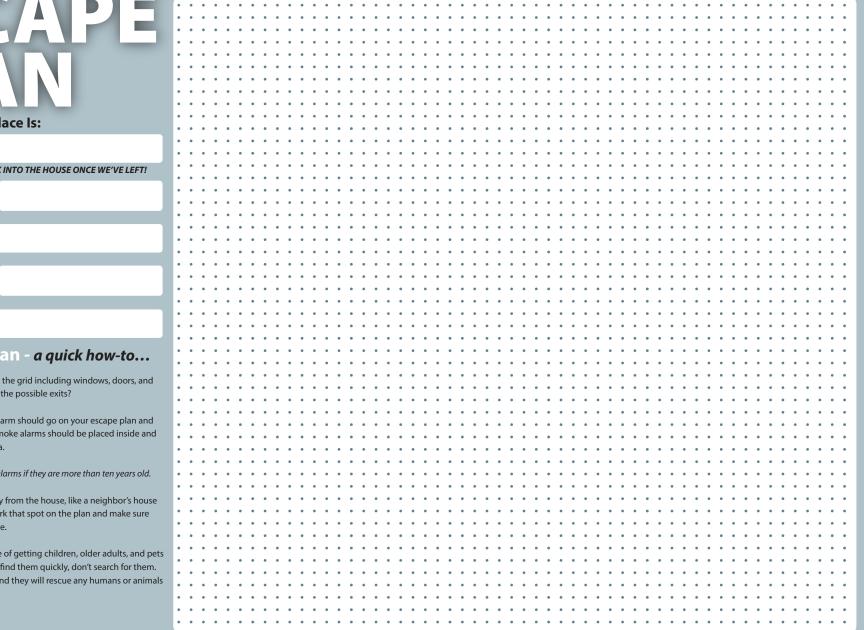
REMEMBER: Replace your smoke alarms if they are more than ten years old.

- 3. Pick a safe meeting place away from the house, like a neighbor's house or a park down the street. Mark that spot on the plan and make sure everyone knows to meet there.
- 4. Put family members in charge of getting children, older adults, and pets out of the house. If you can't find them guickly, don't search for them. Get out, tell the firefighters, and they will rescue any humans or animals left in the building.

## The best way to survive is to have a plan!

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You may think you know how to get out of your home in an emergency, but do you have a plan for your pets if you can't get out on the first floor? Do your kids know how to get out if they're home with a babysitter? What if your elderly aunt is visiting? Don't wait until disaster strikes to find out that you aren't prepared.



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